

# Community Health Worker Training Program

Join us for an exciting program for individuals interested in a  
*New career or Expanding skills in their current position*

## WHAT IS A CHW?

A **“Community Health Worker”** is an individual who contributes to improved health outcomes in the community. CHW’s promote health within the community in which they reside and/or share ethnicity, language, socioeconomic status, and life experiences with the community members that the individual serves. A community health worker proactively:

- Serves as a liaison between communities and health care agencies;
- Provides guidance and social assistance to community residents;
- Enhances community residents’ ability to effectively communicate with health care providers;
- Provides culturally and linguistically appropriate health education;
- Advocates for individual and community health;
- Provides referral and follow-up services or otherwise coordinating care; and
- Identifies and helps enroll eligible individuals in federal, state, and local private or nonprofit health and human services programs
- Can work in a community-based, inpatient or other healthcare setting

**The Eastcentral and Northeast PA Area Health Education Centers (AHEC) offers a 100-hour training program** designed to provide the core competencies needed for work in community-based and inpatient settings. The training also provides comprehensive information about accessing healthcare and other social/community resources which are specific to the particular area where the training takes place.

## THE TRAINING IS FOCUSED ON SKILL BUILDING AND INCLUDES:

| Core Modules                           |                           | Additional Modules          |
|--|---------------------------|-----------------------------|
| Community Health Worker Introduction   | Motivational Interviewing | Mental Health First Aid     |
| Communication, Networking, & Conflict  | Preventive Care           | CPR/AED/First Aid           |
| Boundaries                             | Becoming a Healthier You  | Smile! Oral Health for CHWs |
| Personal Safety                        | BenefitsCheck up          | Mandated Reporter           |
| Building and Maintaining Relationships | Accident Prevention       |                             |
| HIPAA Privacy Rule                     | Opioid Use Disorder       |                             |
| Documentation                          | Every Smoker, Every Time  |                             |
| Health Literacy                        | Cultural Competency       |                             |
| Chronic Disease                        |                           |                             |

The program includes many visiting presenters who will provide specific information about services offered through their organization. The training is a wonderful way to build your knowledge of services in the area as well as grow your network!

**PROGRAM OUTCOMES** Upon successful completion of the program, participants will obtain certification in:

- CPR/AED/First Aid
- Mental Health First Aid
- Mandated Reporter

**\*Completion of program meets training requirement for Certified Community Health Worker (CCHW) application**



If your organization is interested in having a group of employees trained, the CHW Training can be modified to meet the needs of your organization and the community which you are located.

**For more information about upcoming classes or to schedule a class contact:**

**Liz Schaffer** at [eschaffer@ecneahec.org](mailto:eschaffer@ecneahec.org) or **610-379-2001**